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Dr. Xia is currently an associate professor in the Department of Physiology and Pathophysiology, School of Basic Medicine, Fudan University. She engaged in the research on the neuroimmune regulation of heart-brain interaction disease. She presided two projects of the National Natural Science Foundation of China. She has published 15 papers on neuroscience orientated-journals as the first/corresponding author. She instructed students won the first prize in domestic continental physiological competitions twice. She guided undergraduates won the second prize of the 6th and 7th National Undergraduate Basic Medical Innovation Forum and Experiment Design Competition. She was awarded

2020-2021 Fudan University Shanghai Medical College Outstanding Teacher; she won the second prize in Chinese Physiological Society National College Physiology Micro-Lesson Teaching Competition in 2018, and won the second prize of the "Taimeng Cup" First National Young Teachers' Functional Science Experiment Skills Competition,